

MioLINK

SIZING GUIDE

⚠ WARNING

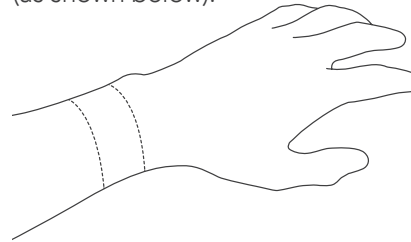
This page must be printed at 100%.
Do not resize or scale to fit.

0 1cm 1in

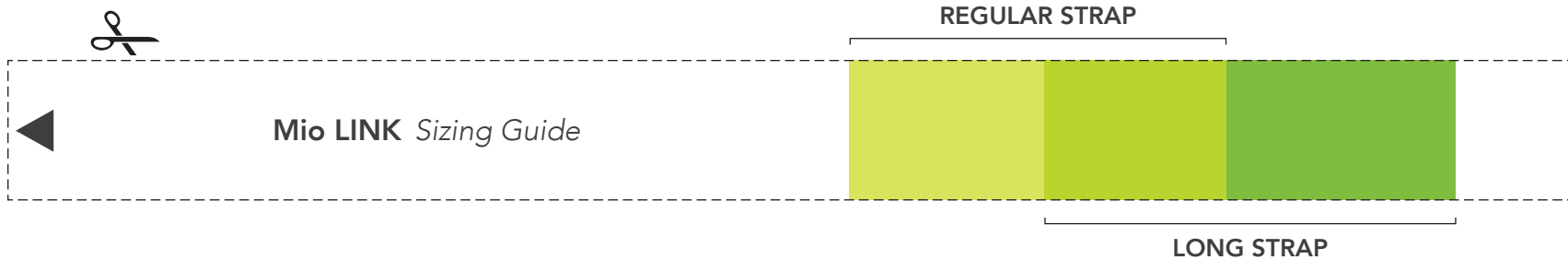
These measurements
should be to scale.

1 Print this page and cut out the Sizing Guide below.

2 Wrap the guide snugly around your upper wrist, above—not directly on top of—your wrist bone (as shown below).



3 The end with the arrow should be on top so it's visible. The arrow will point to your size. If you are in the middle area, choose the strap length that gives you the most flexibility.



If you don't have scissors handy, you can wrap a piece of string around your wrist and measure it.

Mio LINK Regular (S/M) Strap: 121-175mm / 4.8"-6.9"

Mio LINK Long (L) Strap: 149-208mm / 5.9"-8.2"